

# Functional Analytic Psychotherapy

## Levels of Integration

### *Level 1*

---

- **Rule 1:** Unobtrusively watch for CRBs.
- CRBs will be evoked naturally by the treatment's content.
- You will naturally reinforce CRB2s, if
  - the behaviors are naturally in your repertoire
  - you have your clients' best interests at heart

### *Level 2*

---

- **Rule 2:** Evoke CRB2s by prompting behavior.
- **Rule 3:** Naturally Reinforce CRB2s *by being flexible, creative, genuine, and caring.*
- **Rule 4:** Notice your effect on your clients and adjust your reinforcement repertoire as needed.
- Facilitate generalization of in-vivo gains by weaving in-vivo and daily-life material together in the session and homework assignments.

### *Level 3*

---

- **Rule 5:** Provide functional interpretations of client behavior.

Functional analysis to determine treatment targets and interventions.