Functional Analytic Psychotherapy
Levels of Integration

**Level 1**
- **Rule 1:** Unobtrusively watch for CRBs.
- CRBs will be evoked naturally by the treatment’s content.
- You will naturally reinforce CRB2s, if
  - the behaviors are naturally in your repertoire
  - you have your clients’ best interests at heart

**Level 2**
- **Rule 2:** Evoke CRB2s by prompting behavior.
- **Rule 3:** Naturally Reinforce CRB2s *by being flexible, creative, genuine, and caring.*
- **Rule 4:** Notice your effect on your clients and adjust your reinforcement repertoire as needed.
- Facilitate generalization of in-vivo gains by weaving in-vivo and daily-life material together in the session and homework assignments.

**Level 3**
- **Rule 5:** Provide functional interpretations of client behavior.
Functional analysis to determine treatment targets and interventions.

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