

## **FAP END OF THERAPY LETTER TO CLIENT**

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Describe the following:

1. The client's goals and progress in therapy.
2. Your client's unique and special qualities and what you appreciate about him/her.
3. Interactions you had with your client that stand out, what impacted you personally, what you enjoyed and what touched or moved you.
4. What you take away from your work with your client, what you will remember about him/her, and how you are different as a result of having worked with him/her.
5. What you want your client to take away from his/her work with you, and what's important for your client to remember.
6. Any regrets?
7. Your hopes and wishes for your client.
8. What you will miss about your client.
9. Parting advice, what to watch out for in the future, and relapse prevention ideas.